Safety First

Helping vulnerable people to live safely

What can we do to keep vulnerable people safe?

Come and find out!

Using an innovative and unique training programme, Safety First teaches vulnerable people how to keep themselves safe to prevent them from becoming a victim of crime



Safety First gives vulnerable people a better understanding of how to:

- Stay safe at home
- Stay safe in the community
- Stay safe from bullying
- Stay safe when travelling
- Stay safe online





Safety First run bespoke training sessions to help teach vulnerable people how to keep safe. Our training focuses on giving people the ability to identify a crime, the tools to cope if they are a victim of a crime and the knowledge to report a crime. We want to help vulnerable people to maintain their independence and lead healthier and safer lives in their own environments.

Safety First uses a group of Actors who have Learning Disabilities to act out different scenarios to help bring to life the issues the training addresses. Our training gives attendees the chance to observe specific behaviours and shows practical ways of coping with situations where their safety might be threatened, rather than having abstract examples presented to them. It clearly highlights what can and does happen, but that might not be obvious or visible at the time.







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Our sessions

Hate Crime and Mate Crime

What they are and how you recognise them. How to cope if you are a victim. How you can report a crime

Internet Safety

What information you should share online. How can you keep safe using social media. Internet Scams.

Cyberbullying

A drama workshop looking at how you can deal with being a victim of online bullying.

Travelling Safely

How to keep safe when travelling on public transport.

Financial Safety

How to keep safe banking online, using cash-points safely and the dangers of pay-day loans.

Safety in the Home

Practical ways to keep safe at home. Includes the issue of Bogus Callers.

We also run training for those living and working with vulnerable people – carers, family members, support staff, organisations - so they are aware of the issues they are facing and can ensure they pass on the knowledge they learn to the people they are working with.

The training is co-delivered by disabled people and is full of practical ideas on how to keep people safe







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"The customers really enjoyed the actors acting out scenarios of crime – this really helped them to understand how to deal with difficult situations"

"After the training session, the customers went away knowledgeable and empowered and resulted in 2 customers telling people "No" when they were approached and asked for money".

We can run a session for up to 20 people – all we need is a room and a plug socket! Contact us to find out more!

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