

# A challenge

# Sirraaj Nadat



## Quality of Life Review of Supported Living



**Quality of Life review** - 61 people living independently in their own homes.



We looked at how people are part of their local community. And if they have friends.

# We worked with 61 people in Sandwell



Profound and Multiple  
Learning Disabilities

7



34 MEN



27 WOMEN



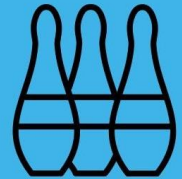
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Stayed in assessment and  
treatment unit in the  
last 3 years

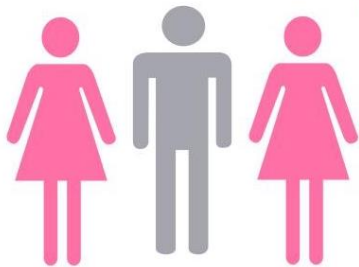
# What we found lots of people were isolated with little connections in their communities



People did lots of 'activity' but had no personal connections.



30



I attend a day service

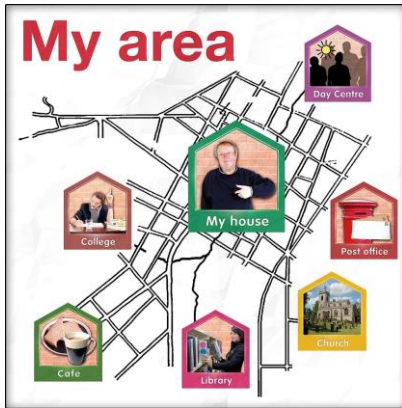
39

Did not know anyone in the local area to talk to

# One way to help with this challenge



# Community mapping

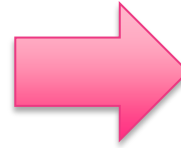


- We plan with individuals, creating a community map. This tells us where the person has links in the community and where the gaps are.
- We work in local areas, finding accessible opportunities for people. This is often about finding the right person in a local area who can open doors for disabled people e.g. Joan owns the local café and is happy to employ someone with a learning disability to help wait on tables.

**Individual has a  
community map**



 **Community  
connection**



**Outcomes for disabled  
person and wider  
society**

**Person in the  
community who can  
unlock an opportunity**

- Disabled woman writes, visits local writing group and makes friends. This young woman found it difficult to meet friends without disabilities before she went to the writing group.
- Young man on the autistic spectrum, with an interest in machines and flying goes to an air cadets group and tries the flight simulator. He likes the marching and atmosphere of the meeting and gradually gets to know people.