



You never get to
go out in the
evening to see
your friends





You have to live in
a house with 3
people you can't
stand





Most days,
someone you
don't know 'does'
your personal care



How would you feel?



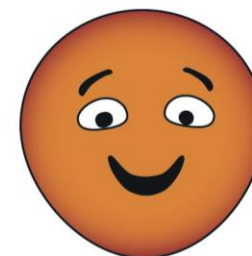
Angry



Scared



Sad



Happy



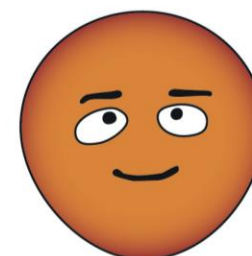
Frustrated



Anxious



Disappointed



Calm

Ups and downs A take-away when I don't feel like cooking!

An Ordinary Life

Having my freedom

Being a part of my community

Choosing where and how I live

Having a 'slummock day!

Help when needed

Watching the adult channel!

Family

Simple instructions e.g. bus timetables

Having things to look forward to

Going out in the evenings
Choosing TV programmes and films

Love
Another heartbeat in the room

Money
What fits me!

Neighbours to chat to

Going out for a pint

Independence
Not always having to be happy, enjoying good days and bad days



Learning from mistakes

Not always relying on others

Feeling secure

Happy times

Relationships with a mix of people

Not doing something that I don't want to!

purpose

sense of

Disappointment

A place to call home

Budgeting, paying bills

Jobs

Stoddins

The roller coaster of an ordinary life



Integrity



MIND THE GAP

HUH?



HELL YEAH!



**We have to rise to
the challenge!!**

www.paradigm-uk.org

‘With the resources and authority we have right now, how might we satisfy these constraints AND promote or protect people’s freedom to live a good, ordinary life?’





“Relationships are the critical resource we have for solving these seemingly intractable problems.”

(Hilary Cottam ‘Social Services are broken. How can we fix them? TED Talks Sept 2015)

We called on four capacities



Desire to support the freedom to live an ordinary life

Risk trying better ways & reflecting on what happens



See and believe in people's capacity to live an ordinary life

Recognise integrity gaps & design better ways to respond to the constraints

Framework for a conversation



1. **Notice** an integrity gap and **decide** to consider it.

2. Identify the **consequences**

3. Sketch the **causes**

4. Identify the **positive core**

5. Design a **better way**



| | |
|---------|--|
| People | |
| Family | |
| Staff | |
| Culture | |



Let's NOT pretend

It's not easy but.....



‘Should people have to
keep paying for their
support with their
freedom?’

(John O'Brien)



What are the integrity gaps in your organisation?
What are **you** going to do to close the gap?





**KEEP
CALM**

this requires a

**PARADIGM
SHIFT**

